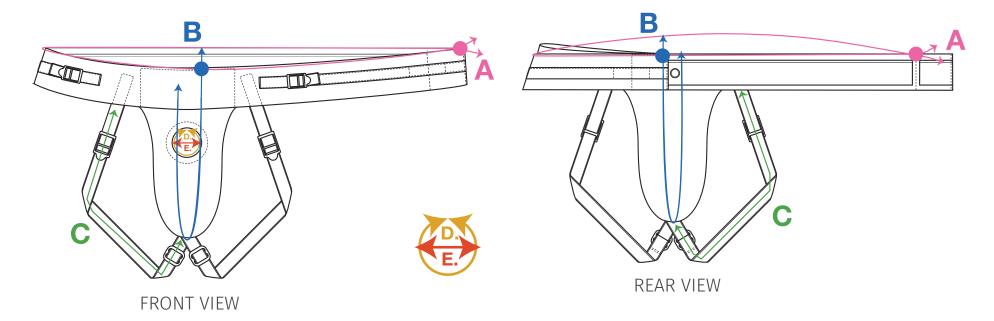
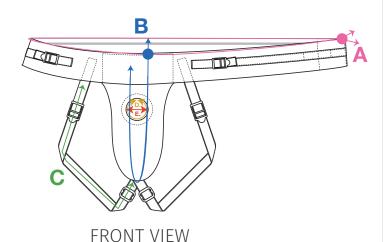
JOQUE[®]

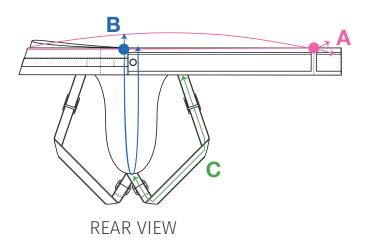


	Size A	Size B	
A. Waistband (in)	20 - 50	35 - 65	
Waistband (cm)	51 - 127	89 - 165	
B. Center Front (in)	8 - 11	8 - 11	
Center Front (cm)	20 - 28	20 - 28	
C. Leg Strap (in)	10 - 16	14 - 24	
Leg Strap (cm)	25 - 40	36 - 61	
D. Circumference (in) Circumference (cm)	?? ??	E. Diameter (in) Diameter (cm)	?? ??

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GET A CUSTOM FIT

1. Decide whether you'll wear your harness around your waistband, or lower, just above your hips. Most people like wearing their harness low, just above their hips, for increased stimulation.

2. Get your belt (waistband) measurement.

- Wrap the measuring tape around your waistband area, or where ever you will wear the harness.
- Mark the number where the tape measure completes and crosses over itself. The number where the tape first crosses over itself is your measurement.
- Add 3-4 inches (8-10 cm) to that measurement.

3. Get your leg strap (thigh) measurement.

- Put a regular belt around where you measured for your waistband belt] measurement, or above your hips, where you'll wear the harness.
- Start your measurement at the center of the belt, in line with your belly button.
- Slide the tape measure between your legs and wrap it around the back of your leg, below the butt cheek.
- Bring the tape measure back around to the front of the belt, where you started. Be sure that it's wrapped fully and tautly around your leg, but not so tightly that it restricts blood flow.
- Mark the number where the tape measure completes and crosses over itself.
- Subtract 14 inches (36 cm) from that measurement.

4. Check the size chart to determine your size.

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